

# Sewing Repair Solutions

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## Quarterly Newsletter

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### Understanding Regular Sewing Thread

Choosing the correct Thread Type is the 1<sup>st</sup> step  
All Thread types follow the concept  
The Bigger the Number – The Finer the Thread  
60 wt. Thread is Finer than 40wt.

Polyester Thread is used in most home sewing and quilting projects. It's strong so it reduces breakage, won't fade in the wash and is Great for stretch fabrics and clothing.

Rayon Thread has a high sheen but is not very strong, so it's mostly used in Embroidery.

Cotton Thread does not have any "Give" so it's mostly used in quilting and decorative work.

### Understanding Needle Size

European / American -- Written on Package

|     |    |        |                |
|-----|----|--------|----------------|
| 60  | 8  | 60/8   | } Light Weight |
| 65  | 9  | 65/9   |                |
| 70  | 10 | 70/10  |                |
| 75  | 11 | 75/11  | } Medium Wgt   |
| 80  | 12 | 80/12  |                |
| 90  | 14 | 90/14  | } Heavy Wgt    |
| 100 | 16 | 100/16 |                |
| 110 | 18 | 110/18 |                |

Bigger Number = Bigger Needle

### Understanding Thread Labels



Fiber Type - Cotton / Rayon / Polyester  
Color Number - Unique number for that company  
Weight - Higher the Number – Finer the Thread  
Ply – Number of strands used to make each thread

Whatever Thread You Choose ...  
Choose Quality Not Price

### Cleaning and Maintaining Your Machine

- 1) Use a New Needle on each new project – It's the cheapest part of the entire project.
- 2) Use a Soft Brush or Vacuum to keep lint out of your bobbin area.
- 3) Never use "Canned Air" - It only pushes the lint further into the machine.
- 4) If you Oil your machine – ONLY 1 DROP where metal touches metal – Too much oil is as bad as no oil.
- 5) Have your machine serviced At Least Yearly – More Often if you are a heavy user.

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